# Gluten Free at 3

DUE TO THE COOKING METHODS OF THE GLUTEN FREE OPTIONS, PLEASE ALLOW AMPLE TIME FOR PREPARATION

### Appetizers

#### **Local Oysters** 3ea

Housemade cocktail sauce, horseradish

#### **CREAMY TOMATO BASIL SOUP** 8

#### THAI CHICKEN SKEWER

Grilled chili spiced chicken, thai peanut dipping sauce 11

#### PORTUGUESE MUSSELS

Tomato, chorizo, garlic, shallot, cilantro, white wine 12

#### CARIBBEAN CHICKEN TENDERS

Spicy caribbean barbecue sauce, blue cheese dip 11

#### ASIAN LETTUCE WRAPS

Water chestnuts, peanuts, sprouts, carrots, pineapple 12 **CHOICE OF:** stir fried chicken, shrimp (add \$2)

#### CHEF'S TASTING PLATE

Blue goat cheese, cheddar, prosciutto, 9 moth aged red wine salami, roasted pears, pickled red onions, cranberry

#### **Grilled Thin Crust Pizza**

#### SPICY SAUSAGE AND PEPPERONI

Marinara, asiago and mozzarella cheeses 15

**MARGHERITA PIZZA**Marinara, asiago and mozzarella cheeses 13

#### **PEAR AND GORGONZOLA**

Roasted pears, crumbled gorgonzola and mozzarella cheese, arugula, balsamic glaze 16

\*Prices reflect gluten free pizza crust

#### Salads

#### SIMPLE GARDEN

Mixed greens, tomatoes, carrots, cucumbers, creamy parmesan-peppercorn dressing 8

#### CAESAR

Crisp romaine, shaved pecorino, lemon garlic dressing 9 add chicken 12

#### **BABY SPINACH AND ARUGULA**

Roasted shiitake mushrooms, toasted peacans, bacon, goat cheese, apple cider molasses vinaigrette 10

#### STEAK TIP CAESAR

Chicken | Pasta

**CHICKEN CACCITORIE** 

penne **L** 19 / **D** 27

Grilled marinated sirloin tips, traditional caesar salad 20

Rustic brasie of chicken, peppers, onions, and tomatoes,

Maple sage bourbon glaze, texas twice baked potato 24

#### **Favorites**

#### STEAK TIPS

Bourbon BBQ marinade, grilled balsamic onions, mased potatoes, green beans L 20 / D 22

#### **802 CERTIFIED BLACK ANGUS FILET MIGNON**

Sweet potato brussels sprout hash 32

#### 14oz Certified Black Angus New York Sirloin

Mashed potatoes, grilled asparagus 32

#### PAN ROASTED SALMON

Spaghetti squash, grilled asparagus, romesco sauce L 21 / D 27

#### FISHERMAN'S STEW

Lobster, hardshell clams, mussels, swordfish, shrimp, fingerling potatoes, lobster broth 35

#### **SWORDFISH MEDALLIONS**

Roasted butternut squash, white beans, swiss chard, pancetta sage brown butter 27

#### FRESH MAINE LOBSTER CLUB

Bacon, mayonnaise, lettuce, tomato, toasted gluten free bread, cole slaw L 20 / D 24

#### PENNE WITH CLAM SAUCE

SOUTHERN STYLE HALF CHICKEN

Garlic, white, wine sauce **L** 24 / **D** 27

Penne, braised veal, beef, pork, house-made tomato sauce, mushrooms, cream L 19 / D 26

### CHICKEN AND PENNE

Chicken tenderloins, spinach, portobello mushrooms, pecorino romano, penne, garlic white wine chicken broth L 19 / D 25

## MAKE IT A MULE

Our Seasonal Twist On The Traditional Cocktail

#### **Berkshire Mule** / 10

Berkshire Mountain Distillers Bourbon

#### Boston "Hahbah" Mule / 10

Boston Harbor Distillery, "Lawley's Dark Rum"



\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness. Before placing your order, please inform your server if a person in your party has a food allergy. 09082017